#### HOUSTON EXPLORATION CO

Form 425 January 09, 2007

Filed by Forest Oil Corporation

Pursuant to Rule 425 of the Securities Act of 1933, as amended,

And deemed filed pursuant to Rule 14a-12 of the Securities Exchange Act of 1934

Subject Company: The Houston Exploration Company

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The following materials were presented to employees of The Houston Exploration Company by representatives of Forest Oil Corporation on January 9, 2007.