Edgar Filing: Quist George R. - Form 4

Quist Georg Form 4	e R.									
December 0	5, 2008									
FORM	14 UNITED S	STATES	SECUR	TIES .	AND EXC	CHAN	NGE C	OMMISSION		PPROVAL
~		, 11111			n, D.C. 20				Number:	3235-0287
Check this box if no longer subject to Section 16. Form 4 or Form 5 Filed pursuant to 5				SECU	RITIES		Estimated a burden hou response		rs per	
obligatic may con <i>See</i> Instr 1(b).	tinue. Section 17(a			•	lding Com t Compan	- ·		² 1935 or Sectio 0	n	
(Print or Type	Responses)									
1. Name and A Quist Georg	Address of Reporting l ge R.	Person <u>*</u>	Symbol		d Ticker or '	Frading	g	5. Relationship of Issuer	f Reporting Per	son(s) to
					TIONAL ORP [SNF	FCA]		(Chec	k all applicable	e)
(Last) 4491 WAN	(First) (N DER LANE	fiddle)	3. Date of (Month/D 08/25/20	ay/Year)	Fransaction			X Director X Officer (give below) Chain	e title $\begin{array}{c} \underline{X} \\ \underline{X} \\ 0 \end{array} $ Other below)	er (specify
SALT LAK	(Street) SE CITY, UT 8410)6	4. If Ame Filed(Mor		Date Original ar)			6. Individual or Jo Applicable Line) _X_ Form filed by 0 Form filed by N Person	One Reporting Pe	erson
(City)	(State)	(Zip)	Tabl	e I - Non-	Derivative S	Securit	ties Aca	uired, Disposed of	f. or Beneficial	lv Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any	ned	3. Transact Code (Instr. 8)	4. Securit tion(A) or Di (Instr. 3, 4)	ies Aco sposed 4 and 5 (A) or	quired of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of
Class A Common Stock	08/25/2008			P	√ Amount 7,996	(D) A	Price \$ 2.57	839,442 <u>(1)</u>	D	
Class A Common Stock	08/26/2008			Р	2,004	А	\$ 2.57	841,446 <u>(1)</u>	D	
Class A Common Stock	09/08/2008			Р	471	А	\$ 2.35	841,917 <u>(1)</u>	D	
Class A Common	09/08/2008			Р	3,700	А	\$ 2.4	845,617 (1)	D	

Class A Common Stock	09/08/2008	Р	2,300	А	\$ 2.38	847,917 <u>(1)</u>	D
Class A Common Stock	09/09/2008	Р	300	А	\$ 2.35	848,217 <u>(1)</u>	D
Class A Common Stock	09/11/2008	Р	229	А	\$ 2.35	848,446 <u>(1)</u>	D
Class A Common Stock	09/25/2008	Р	10,000	А	\$ 2.15	858,446 <u>(1)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun Underlying Securiti (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amou or Numb of Sha
Employee Stock Option (right to buy)	\$ 3.26 <u>(2)</u>	07/16/2004		А	60,775 (2)	07/16/2004	07/16/2009	Class A Common Stock	60,7 (2)
Employee Stock Option (right to buy)	\$ 2.92 <u>(3)</u>	12/10/2004		A	60,775 (<u>3)</u>	12/10/2004	12/10/2009	Class A Common Stock	60,7 (3)
Employee Stock Option	\$ 3.33 <u>(4)</u>	03/25/2005		А	81,034 (4)	03/25/2005	03/25/2010	Class A Common Stock	81,0 (4)

(right to buy)								
Employee Stock Option (right to buy)	\$ 4.235	03/31/2008	А	50,000	06/30/2008 <u>(5)</u>	03/31/2013	Class A Common Stock	50,0

Reporting Owners

<u>**</u>Signature of Reporting Person

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Quist George R. 4491 WANDER LANE SALT LAKE CITY, UT 84106	Х	Х	Chairman and C.E.O.			
Signatures						
/s/ George R. Quist 12/	05/2008					

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Includes 552,325 shares of Class A Common Stock owned by George R. and Shirley C. Quist Family Partnership, Ltd. Does not include 81,468 shares of Class A Common Stock and 544,757 shares of Class C Common Stock owned indirectly by the reporting person in the

- (1) 61,405 shares of class A common stock and 544,757 shares of class C common stock owned indiced by the reporting person in the 401(k) Retirement Savings Plan, Associated Investors, the Employee Stock Ownership Plan (ESOP), and the Deferred Compensation Plan.
- (2) This option was originally reported as covering 50,000 shares of Class A Common Stock at an exercise price of \$3.96 per share, but adjusted to reflect 5% stock dividends on January 22, 2005, January 20, 2006, January 19, 2007, and January 18, 2008.
- (3) This option was originally reported as covering 50,000 shares of Class A Common Stock at an exercise price of \$3.55 per share, but adjusted to reflect 5% stock dividends on January 22, 2005, January 20, 2006, January 19, 2007, and January 18, 2008.
- (4) This option was originally reported as covering 70,000 shares of Class A Common Stock at an exercise price of \$3.86 per share, but adjusted to reflect 5% stock dividends on January 20, 2006, January 19, 2007, and January 18, 2008.
- (5) This option vests in four equal quarterly installments of 12,500 shares of Class A Common Stock, beginning on June 30, 2008, until such shares are fully vested.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.