Edgar Filing: TELEDYNE TECHNOLOGIES INC - Form 4

TELEDYN Form 4	E TECHNOLOG	ES INC	5		-					
April 24, 20)14									
FORM		OT A TEC	SECU	DITIES		CHANCE		NT	PPROVAL	
	UNITED	SIAILS		shington				Number:	3235-0287	
Check t if no lor subject Section Form 4	nger STATEN 16.	MENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES						Estimated a	Estimated average burden hours per	
Form 5 Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section See Instruction 1(b).							·			
(Print or Type	Responses)									
1. Name and Address of Reporting Person <u>*</u> CAHOUET FRANK V			2. Issuer Name and Ticker or Trading Symbol TELEDYNE TECHNOLOGIES INC [TDY]			Issuer				
(Last) (First) (Middle) 3			3. Date of Earliest Transaction (Month/Day/Year) 04/22/2014			_X_ Director 10% Owner Officer (give title Other (specify below) below)				
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)			Applicable Line)	 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person 			
THOUSAN	ND OAKS, CA 91	360					Form filed by Person	More than One Re	eporting	
(City)	(State)	(Zip)	Tab	ole I - Non-I	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemo Execution any (Month/Da	Date, if	Code Disposed of (D)		Securities Beneficially	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Reminder: Re	port on a separate line	e for each cla	ass of sec				or indirectly.			
					Perso inform requir	ns who rest nation cont ed to respo sys a curren	spond to the colle ained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)	

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(<i>e.g.</i> , puts	, calls, warrants, opti	ions, convertible securitie	es)
	· · · · -		

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number of	6. Date Exercisable and	7. Title and An
Derivative Security	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	Derivative	Expiration Date	Underlying Sec
(Instr. 3)	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)

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	Price of Derivative Security		(Month/Day/Year)	(Instr. 8)	Acquired (A) Disposed of (I (Instr. 3, 4, an 5)))		
				Code V	(A) (I	D) Date Exercisable	Expiration Date	Title A N S
Phantom Stock (1)	\$ 0	04/22/2014		А	46.6321 (1)	<u>(1)</u>	(1)	Common Stock
Phantom Stock (2)	\$ 0	04/23/2014		А	15.9168 (2)	(2)	(2)	Common Stock
Non-Employee Director Stock Option (rightto-buy)	\$ 94.24	04/23/2014		A	4,000 <u>(3)</u>	04/23/2015	04/23/2024	Common Stock

Reporting Owners

Reporting Owner Name / Address	
	Director

CAHOUET FRANK V 1049 CAMINO DOS RIOS THOUSAND OAKS, CA 91360

Signatures

Frank V. Cahouet by Melanie S. Cibik pursuant to Power of Attorney filed herewith.				
**Signature of Reporting Person	Date			

Relationships

10% Owner Officer Other

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

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- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Represents shares of phantom stock issued to Reporting Person as meeting fees under the Teledyne Technologies Incorporated Amended (1) and Restated 2008 Incentive Award Plan - Non-Employee Director Administrative Rules and Executive Deferred Compensation Plan.
- Represents shares of phantom stock issued to Reporting Person as meeting fees under the Teledyne Technologies Incorporated 2014 (2)Incentive Award Plan - Non-Employee Director Administrative Rules and Executive Deferred Compensation Plan.
- Represents annual stock option grant automatically issued after the Annual Meeting to Non-Employee Directors under the Teledyne (3) Technologies Incorporated 2014 Incentive Award Plan Non-Employee Director Administrative Rules.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.