EMCOR GROUP INC

Form 4 June 21, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

Issuer

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section See Instruction

2. Issuer Name and Ticker or Trading

EMCOR GROUP INC [EME]

30(h) of the Investment Company Act of 1940

Symbol

1(b).

(Print or Type Responses)

MACINNIS FRANK T

1. Name and Address of Reporting Person *

			EMCOR GROUP INC [EME]				(Check all applicable)				
(Last) 301 MERR	(First) ITT SEVEN	(Middle)		f Earliest Ti Day/Year) .007	ransaction			_X_ Director _X_ Officer (give below)	10%	Owner or (specify	
				nendment, Date Original onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line)			
NORWALI	X, CT 06851							_X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	le I - Non-E	Derivative S	Secur	ities Acqu	uired, Disposed of	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	r) Execution	med on Date, if Day/Year)	3. Transactio Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	06/19/2007			M	25,200	A	\$ 9.875	253,383	D		
Common Stock	06/19/2007			S	2,500	D	\$ 73.5	250,883	D		
Common Stock	06/19/2007			S	600	D	\$ 73.47	250,283	D		
Common Stock	06/19/2007			S	300	D	\$ 73.46	249,983	D		
Common Stock	06/19/2007			S	100	D	\$ 73.45	249,883	D		

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Common Stock	06/19/2007	S	200	D	\$ 73.44	249,683	D
Common Stock	06/19/2007	S	100	D	\$ 73.41	249,583	D
Common Stock	06/19/2007	S	1,400	D	\$ 73.4	248,183	D
Common Stock	06/19/2007	S	1,000	D	\$ 73.39	247,183	D
Common Stock	06/19/2007	S	200	D	\$ 73.38	246,983	D
Common Stock	06/19/2007	S	300	D	\$ 73.36	246,683	D
Common Stock	06/19/2007	S	1,000	D	\$ 73.35	245,683	D
Common Stock	06/19/2007	S	700	D	\$ 73.34	244,983	D
Common Stock	06/19/2007	S	432	D	\$ 73.33	244,551	D
Common Stock	06/19/2007	S	1,668	D	\$ 73.32	242,883	D
Common Stock	06/19/2007	S	500	D	\$ 73.31	242,383	D
Common Stock	06/19/2007	S	1,400	D	\$ 73.29	240,983	D
Common Stock	06/19/2007	S	1,300	D	\$ 73.28	239,683	D
Common Stock	06/19/2007	S	500	D	\$ 73.27	239,183	D
Common Stock	06/19/2007	S	200	D	\$ 73.26	238,983	D
Common Stock	06/19/2007	S	1,000	D	\$ 73.24	237,983	D
Common Stock	06/19/2007	S	500	D	\$ 73.23	237,483	D
Common Stock	06/19/2007	S	100	D	\$ 73.22	237,383	D
Common Stock	06/19/2007	S	1,100	D	\$ 73.21	236,283	D
Common Stock	06/19/2007	S	400	D	\$ 73.2	235,883	D
	06/19/2007	S	1,000	D		234,883	D

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Common Stock					\$ 73.19		
Common Stock	06/19/2007	S	700	D	\$ 73.18	234,183	D
Common Stock	06/19/2007	S	600	D	\$ 73.17	233,583	D
Common Stock	06/19/2007	S	500	D	\$ 73.16	233,083	D
Common Stock	06/19/2007	S	600	D	\$ 73.15	232,483 <u>(1)</u> <u>(2)</u>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactiorDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Nun of S
Non-Employee Stock Option (right to buy)	\$ 9.875	06/20/2007		M	25,200	<u>(3)</u>	11/20/2007	Common Stock	25,

Reporting Owners

Reporting Owner Name / Address	Relationships						
1 0	Director	10% Owner	Officer	Other			
MACINNIS FRANK T							
301 MERRITT SEVEN	X		Chairman & CEO				
NORWALK, CT 06851							

Reporting Owners 3

Signatures

Frank T. 06/21/2007 MacInnis

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares issuable with respect to restricted stock units.
- (2) Transactions are continued on a separate Form 4 filed contemporaneously herewith.
 - Options became exercisable in four equal installments, on the dates that the closing price on the New York Stock Exchange of a share of
- (3) common stock of the Company (the "Common Stock") hit the following target prices: \$12.50; \$15.00; \$17.50; and \$20.00 (in each case, as adjusted for the 2-for-1 stock split of the Common Stock effected February 10, 2006).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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