EMCOR GROUP INC

Form 4

November 16, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

may continue. See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * CAMMAKER SHELDON I			2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Sheen all application)			
			(Month/Day/Year)	Director 10% Owner			
301 MERRITT SEVEN			11/15/2006	_X_ Officer (give title Other (specify below) below) EVP, Gen Counsel & Secretary			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person			
NORWALK, CT 06851				Form filed by More than One Reporting Person			

(C	ity)	(State)	(Zip) Tabl	e I - Non-E	Derivative S	Securi	ties Acqu	ired, Disposed of	, or Beneficial	y Owned
1.Title Security (Instr. 3	y	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Comn		11/15/2006		Code V M	Amount 20,000	(D)	Price \$ 8.78	49,762	D	
Comn Stock	non	11/15/2006		S	700	D	\$ 60.5	49,062	D	
Comn Stock		11/15/2006		S	600	D	\$ 60.51	48,462	D	
Comn Stock	non	11/15/2006		S	1,700	D	\$ 60.52	46,762	D	
Comn Stock	non	11/15/2006		S	1,400	D	\$ 60.53	45,362	D	

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Common Stock	11/15/2006	S	700	D	\$ 60.54	44,662	D
Common Stock	11/15/2006	S	3,000	D	\$ 60.55	41,662	D
Common Stock	11/15/2006	S	1,200	D	\$ 60.56	40,462	D
Common Stock	11/15/2006	S	100	D	\$ 60.57	40,362	D
Common Stock	11/15/2006	S	700	D	\$ 60.58	39,662	D
Common Stock	11/15/2006	S	200	D	\$ 60.64	39,462	D
Common Stock	11/15/2006	S	200	D	\$ 60.65	39,262	D
Common Stock	11/15/2006	S	500	D	\$ 60.66	38,762	D
Common Stock	11/15/2006	S	100	D	\$ 60.67	38,662	D
Common Stock	11/15/2006	S	100	D	\$ 60.68	38,562	D
Common Stock	11/15/2006	S	700	D	\$ 60.7	37,862	D
Common Stock	11/15/2006	S	800	D	\$ 60.71	37,062	D
Common Stock	11/15/2006	S	700	D	\$ 60.72	36,362	D
Common Stock	11/15/2006	S	300	D	\$ 60.73	36,062	D
Common Stock	11/15/2006	S	100	D	\$ 60.76	35,962	D
Common Stock	11/15/2006	S	200	D	\$ 60.77	35,762	D
Common Stock	11/15/2006	S	700	D	\$ 60.78	35,062	D
Common Stock	11/15/2006	S	600	D	\$ 60.79	34,462	D
Common Stock	11/15/2006	S	1,000	D	\$ 60.85	33,462	D
Common Stock	11/15/2006	S	2,600	D	\$ 61	30,862	D
	11/15/2006	S	1,000	D		29,862	D

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Common 61.03 Stock

3. Transaction Date 3A. Deemed

Common S 100 D 29,762 (1) 11/15/2006 D Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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5. Number of 6. Date Exercisable and

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

Derivative Security (Instr. 3)	Conversion or Exercise Price of Derivative Security	(Month/Day/Year)	Execution Date, if any (Month/Day/Year)	Transaction Code (Instr. 8)	orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	Expiration Date (Month/Day/Year)		Underlying (Instr. 3 and	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

Employee

1. Title of

Stock Option \$ 8.78 11/15/2006 M (right to buy) (2)

Common 20,000 01/03/2001 01/02/2010 Stock

20,000

7. Title and Amount of

Reporting Owners

Relationships Reporting Owner Name / Address

Director 10% Owner Officer Other

CAMMAKER SHELDON I 301 MERRITT SEVEN NORWALK, CT 06851

EVP, Gen Counsel & Secretary

Signatures

Reporting Person

Sheldon I.

Cammaker 11/16/2006 **Signature of Date

Reporting Owners 3

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Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares issuable in respect of restricted stock units.
- (2) Derivative security is an employee stock option.

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