EMCOR GROUP INC

Form 4

August 31, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

0.5

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response...

See Instruction 1(b).

(Print or Type Responses)

1. Name and Addr MACINNIS FI		ng Person *	2. Issuer Name and Ticker or Trading Symbol EMCOR GROUP INC [EME]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
301 MERRITT SEVEN			(Month/Day/Year) 08/30/2006	_X_ Director 10% Owner _X_ Officer (give title Other (specify below) Chairman & CEO		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
NORWALK, CT 06851			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities Acquired 5. Amount of 6. Ownership 7. Nature of Security (Month/Day/Year) Execution Date, if Transaction(A) or Disposed of (D) Securities Form: Direct Indirect (Instr. 3) (Instr. 3, 4 and 5) Code Beneficially (D) or Beneficial (Month/Day/Year) (Instr. 8) Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported (A) Transaction(s) (Instr. 3 and 4) Code V Amount (D) Price Common 08/30/2006 S 400 D 282,640 D Stock 53.84 Common 08/30/2006 S 200 D 282,440 D Stock 53.89 Common S 200 D 08/30/2006 D \$ 53.9 282,240 Stock Common S 08/30/2006 200 282,040 D Stock Common 08/30/2006 S 500 D 281,540 D Stock

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Common Stock	08/30/2006	S	900	D	\$ 54.08	280,640	D
Common Stock	08/30/2006	S	800	D	\$ 54.09	279,840	D
Common Stock	08/30/2006	S	200	D	\$ 54.1	279,640	D
Common Stock	08/30/2006	S	300	D	\$ 54.11	279,340	D
Common Stock	08/30/2006	S	800	D	\$ 54.12	278,540	D
Common Stock	08/30/2006	S	100	D	\$ 54.13	278,440	D
Common Stock	08/30/2006	S	100	D	\$ 54.15	278,340	D
Common Stock	08/30/2006	S	400	D	\$ 54.16	277,940	D
Common Stock	08/30/2006	S	810	D	\$ 54.17	277,130	D
Common Stock	08/30/2006	S	300	D	\$ 54.2	276,830	D
Common Stock	08/30/2006	S	100	D	\$ 54.21	276,730	D
Common Stock	08/30/2006	S	100	D	\$ 54.22	276,630	D
Common Stock	08/30/2006	S	400	D	\$ 54.24	276,230	D
Common Stock	08/30/2006	S	300	D	\$ 54.25	275,930	D
Common Stock	08/30/2006	S	1,190	D	\$ 54.26	274,740	D
Common Stock	08/30/2006	S	300	D	\$ 54.27	274,440	D
Common Stock	08/30/2006	S	1,000	D	\$ 54.28	273,440	D
Common Stock	08/30/2006	S	500	D	\$ 54.29	272,940	D
Common Stock	08/30/2006	S	3,200	D	\$ 54.3	269,740 (1)	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exer	cisable and	7. Titl	le and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration D	ate	Amou	ınt of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	rlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e		Secur	ities	(Instr. 5)	Bene
	Derivative				Securities	3		(Instr.	. 3 and 4)		Owne
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									Amount		
									Amount		
						Date	Expiration	Title	or Number		
						Exercisable	Date	Title	of		
				Codo V	(A) (D)						
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
MACINNIS FRANK T 301 MERRITT SEVEN NORWALK, CT 06851	X		Chairman & CEO				

Signatures

Frank T.

MacInnis

**Signature of Reporting Person

O8/31/2006

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes shares issuable in respect of restricted stock units.

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