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PENN SCOTT
Form 4
March 18, 2003

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

/ / CHECK THIS BOX IF NO STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP
LONGER SUBJECT TO
SECTION 16. FORM 4 OR Filed pursuant to Section 16(a) of the Securities Exchange Act of 1
FORM 5 OBLIGATIONS MAY Section 17(a) of the Public Utility Holding Company Act of 1935
CONTINUE. SEE Section 30(h) of the Investment Company Act of 1940
INSTRUCTION 1(b).
(Print or Type Responses)

1. Name and Address of Reporting Person*	2. Issuer Name AND Ticker or Trading Symbol	6. R
Penn (Last)	Scott (First)	Weight Watchers International, Inc. ---
c/o Weight Watchers International, Inc. 175 Crossways Park West (Street)		3. I.R.S. Identification Number of Reporting Person, if an entity (voluntary) --- 4. Statement for Month/Day/Year 03/14/03 --- 5. If Amendment, Date of Original (Month/Day/Year) ---
Woodbury New York 11797		7. ---

(City)	(State)	(Zip)	TABLE I - NON-DERIVATIVE SECURITIES ACQUIRED, DI			
1. Title of Security (Instr. 3)	2. Trans- action Date (Month/ Day/ Year)	2A. Deemed Execution Date, if any (Month/ Day/ Year)	3. Trans- action Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Security Benefici Owned Fo ing Repo Transact (Instr. and 4)
Common Stock, no par value	03/14/03		S	Code	V Amount (A) or (D) Price	223,49
					20,000 D \$42.01	

