

ALEXANDERS J CORP
 Form 4
 November 20, 2009

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 MOORE J MICHAEL

(Last) (First) (Middle)
 3401 WEST END AVENUE, SUITE 260
 (Street)

NASHVILLE, TN 37203

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
 ALEXANDERS J CORP [JAX]

3. Date of Earliest Transaction
 (Month/Day/Year)
 11/18/2009

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

____ Director
 Officer (give title below)
 ____ 10% Owner
 ____ Other (specify below)
 VP Human Resources & Admin.

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

| 1. Title of Security (Instr. 3) | 2. Transaction Date (Month/Day/Year) | 2A. Deemed Execution Date, if any (Month/Day/Year) | 3. Transaction Code (Instr. 8) | 4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) | 5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4) | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Ownership (Instr. 4) |
|---------------------------------|--------------------------------------|--|--------------------------------|---|---|--|-----------------------------------|
| | | | Code | V | Amount | (D) | Price |
| Common Stock | 11/18/2009 | | S | | 19 | D | \$ 4.03 10,455 |
| Common Stock | 11/18/2009 | | S | | 100 | D | \$ 4.03 10,355 |
| Common Stock | 11/18/2009 | | S | | 100 | D | \$ 4.03 10,255 |
| Common Stock | 11/18/2009 | | S | | 200 | D | \$ 4.09 10,055 |
| Common Stock | 11/18/2009 | | S | | 81 | D | \$ 4.12 9,974 |

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| | | | | | | | |
|--------------|------------|---|-----|---|----------|------------|---|
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.12 | 9,874 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.12 | 9,774 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.12 | 9,674 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.12 | 9,574 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.13 | 9,474 | D |
| Common Stock | 11/18/2009 | S | 200 | D | \$ 4.15 | 9,274 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.15 | 9,174 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.135 | 9,074 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.135 | 8,974 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.15 | 8,874 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.15 | 8,774 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.15 | 8,674 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.15 | 8,574 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.15 | 8,474 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.135 | 8,374 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.15 | 8,274 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.135 | 8,174 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.15 | 8,074 | D |
| Common Stock | 11/18/2009 | S | 100 | D | \$ 4.135 | 7,974 | D |
| Common Stock | | | | | | 5,786.9773 | I |

J.
Alexander's
Corporation

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